

Be Well with Blue Tree Massage. Tips & Infos.

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Fight tiredness and boost yourself with acupressure points.

Tips & Infos
Fall 2022

Dear Roel

Be Well
with
Blue Tree Massage



Welcome to our latest newsletter.

Are you frequently tired?

Learn, according to traditional Chinese medicine, how acupressure can help you fight your fatigue.

Self-massage of a few specific points on your body can restore your energy.

So let's go!

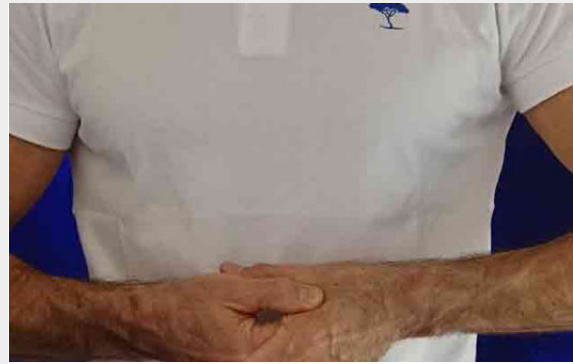
Take a boost.



About:

Fight tiredness and boost yourself
with acupressure points

[Learn more](#)



Do it yourself:

Boost yourself with self-acupressure

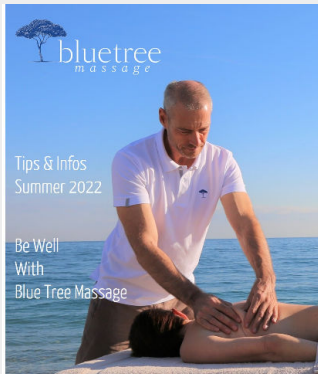
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EXCLUSIVE E-BOOK
to avoid
NECK and BACK PAIN:

You didn't received our last exclusive **E-BOOK** about how to take care of your neck and back pain! No problem, it's here!

[Learn more](#)



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