

Be Well with Blue Tree Massage. Tips & Infos.
Headaches and migraines?
Find out how to relieve them naturally with self-massage.

Tips & Infos
Fall 2020

Dear Roel

Be Well
with
Blue Tree Massage



Welcome to our latest newsletter.

Do you often have headaches or migraines?

Maybe caused by too much stress or time spent in front of screens?

**Find out how head massage and acupressure can help relieve
yourself!**



About:

Discover the benefits of head massage and acupressure to fight headaches and migraines.

[Learn more](#)



Do it yourself tips:

Self-massage and acupressure techniques to relieve your headaches and migraines yourself.

[Learn more](#)



News:

Discover with us our new partner, Orion B&B... a paradise on earth, located in Saint Paul de Vence!

[Learn more](#)



News:

Discover our latest news.

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You can join us at
06 51 36 93 65
or email us
info@bluetree-massage.com
thanks a lot.



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BLUE TREE MASSAGE
255 CHEMIN DE VERSAILLES
SAINT PAUL DE VENCE 06570
France

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