

Be Well with Blue Tree Massage. Tips & Infos.

[View this email in your browser](#)

Time to say goodbye to your back pain, with our fabulous, do-it-yourself stretch and acupuncture tips.

Tips & Infos  
Fall 2019

Dear Roel

Be Well  
with  
Blue Tree Massage



**Welcome to our latest Tips & Infos.**

Learn educational information and do it yourself tips  
**to eliminate back pain with our stretch tips**

**and acupressure points.**  
as well our latest news.



**About:**

Understand how to really get rid of your back pain.

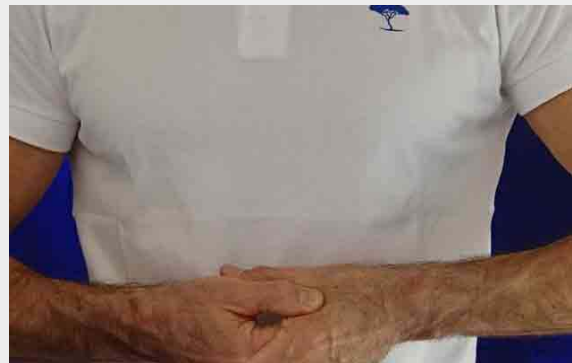
[Learn more](#)



**Do it yourself tips:**

Learn 6 easy stretch and core muscle techniques for back pain relief.

[Learn more](#)



**Do it yourself tips:**

Learn to apply 6 self-acupressure points which can reduce back pain.

[Learn more](#)



**News:**

Discover our latest news.

[Learn more](#)

---

You can join us at  
06 51 36 93 65  
or email us  
[info@bluetree-massage.com](mailto:info@bluetree-massage.com)  
thanks a lot.



*Copyright © 2019 BLUE TREE MASSAGE, All rights reserved.*

**Our mailing address is:**  
BLUE TREE MASSAGE  
255 CHEMIN DE VERSAILLES  
SAINT PAUL DE VENCE 06570  
France

[Add us to your address book](#)

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#)

