

Be Well with Blue Tree Massage. Tips & Infos.
Getting through winter in excellent shape.

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Tips & Infos
Winter 2018/2019

Dear Roel

Be Well
with
Blue Tree Massage



Welcome to our latest newsletter.

Discover some educational information and
do it yourself tips concerning

**Getting through winter in excellent shape
and how to reduce fatigue with 3 chinese foot reflexology points,
as well our latest news and offers.**

Blue Tree Massage
wishes you
a merry Christmas
and lots of
serenity and wellbeing
for 2019



About:

Getting through winter in excellent shape!

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Do it yourself tips:

3 Chinese foot reflexology points to reduce fatigue.

[Learn more](#)



News

News:

Discover our latest news.

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thanks a lot.



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